Williams Physical Therapy, Inc.

A PROFESSIONAL CORPORATION

| Names: | | | N | Male Fer | nale |
|----------------------------------|-----------------------|--------------------|----------------|------------------|-------------|
| Address: | City: | | _ State: | Zip: | |
| Cell Phone: | Home Phone | : | Work | Phone: | |
| Date of Birth: | | | SSN: _ | | |
| Email: | | Vho may we than | nk for referri | ng you to our | |
| | | ffice? | | | |
| Employer: | | Occupation: | | | |
| | | | | | |
| Emergency Contact Name: _ | | | | | |
| Phone Number: | F | delationship: | | | |
| Referring Physician: | P | rimary Care Phy | ysician: | | |
| | Insuran | ce Information | | | |
| <u> </u> | mpensation | | | ′ 🗀 | dicare |
| Name of Insurance Company | | | | | |
| Policy Holder Name: | | | | | |
| Relationship to patient: | | | | | |
| If this is a work-related injur | | D 1 | | | |
| Employer Name: | | | | | |
| Address (City, State, Zip): _ | | | | | |
| I hereby give lifetime auth | | | | | • |
| WILLIAMS PHYSICAL T | HERAPY/Or its | affiliates for ser | vices render | ed. I underst | and I am |
| financially responsible for al | ll charges, not paid | by my insuranc | ce company. | In the event of | default, I |
| agree to pay all costs of coll | ection and reasona | ble attorney fees | s. I hereby a | uthorise this h | ealth care |
| provider to release all inform | nation necessary to | secure the paym | ent of benefi | ts. I further ag | gree that a |
| photocopy of this agreemen | t is as valid as the | e original. I furt | ther authoris | e that signatu | re on this |
| form constitutes assignment | of benefits to this h | ealth Care Provi | ider. | | |
| I consent to have this He | alth Care Provid | er/or its Affilia | tes to provi | de traatmant | and core |
| prescribed by my physician(s | | | - | | |
| prescribed by my physician() | s). I unucistanu un | s consent may be | e revoked by | me at any time | с. |
| Any patient who fails to show | w for his/her sched | uled appointmen | nt, or cancels | with less than | 24 hours' |
| notice will be charged \$25.0 | 0. This will be due | and payable at | your next vi | sit. Thank you | u for your |
| courtesy in this matter. | | | | | |
| I have read and understood | the above policies. | | | | |
| Signature | | Da | ate: | | |

Williams Physical Therapy, Inc.

A PROFESSIONAL CORPORATION

NOTICE OF PATIENT INFORMATION PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AS WELL AS HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW THE FOLLOWING CAREFULLY.

Williams Physical Therapy, Inc is required by law to protect the privacy of your personal health information, provide this information about our Information practices, and follow the information practices that are described herein:

USES AND DISCLOSURES OF HEALTH INFORMATION:

Williams Physical Therapy, Inc uses your personal health information for treatment, obtaining payment for treatment conducting internal administrative activities and evaluation of the quality care that we provide. For example, we may use health information about you to provide with medical treatment services. We may disclose health information about you to doctors, nurses, technicians, office staff or other personnel who are involved in taking care of you and your health. Different personnel in our office may share information about you and disclose information to people who do not work in our office in order to coordinate your care, such as phoning in prescriptions, scheduling lab work and ordering x-rays. We may contact you as a reminder that you have an appointment for treatment or medical care at this office. We may use and disclose health information about you so that the treatment and services you receive at this office may be billed to and payment be collected from you, an insurance company or a third party. We will disclose information about you when required to do so by federal state or local law. In any other situation, Williams Physical Therapy, Inc policies are to obtain your written authorisation before disclosing your personal health information. If you provide us with a written authorisation to release your information for any reason, you may later revoke that authorisation in writing to stop future disclosures at any time.

Williams Physical Therapy, Inc may change its policy at any time. When changes are made, a new Notice of Patient Information Practices will be posted in the waiting, patient treatment areas and will be provided to you on your next visit. You may also request an updated copy at any time.

PATIENT INDIVIDUAL RIGHTS: You have the right to review or obtain a copy of your personal health information at any time. You have the right to request that we correct any inaccurate or incomplete information in your record. You also have the right to request a list of instances where we have disclosed your personal health information for reasons other than treatment, payment or other related administrative purposes. You may also request in writing that we not use or disclose your personal health information for treatment, payment administrative purposes except when specifically authorised by you, when required by law or in emergency circumstances Williams Physical Therapy, Inc will consider all such requests on a case by case basis. Please note the practice is not legally required to accept them.

<u>CONCERNS AND COMPLAINTS:</u> If you are concerned about Williams Physical Therapy, Inc. violating your privacy rights or if you disagree with any decisions we have made regarding access or disclosure of your personal health information, please contact our Practice Manger at the address listed below. You may also send a written Complaint to the US Department of Health and Human Services. For further information on Williams Physical Therapy, Inc, Health information practices or if you have a complaint, please contact the following Person:

Williams Physical Therapy, Inc. Karmen Williams, 970 S. Petit Ave, Suit A Ventura, CA 93004 Telephone: (805) 672 – 2801

I have read and fully understand Williams Physical Therapy, Inc.'s Notice of Patient Information Services. I understand that Williams Physical Therapy, Inc. May use or disclose my personal Health information for the purposes of carrying out treatment, obtaining payment, evaluating the quality of services provided and any administrative operations related to treatment r payment. I understand that I have the right to restrict how my personal health information issued and disclosed for treatment, payment and administrative operations if I notify the practice. I also understand that Williams Physical Therapy, Inc. Will consider requests for restriction on a case by case basis, but does not have to agree to request for restrictions.

I hereby consent to the used and disclosure of my personal health information for purposes as noted in Williams Physical Therapy, Inc.'s Notice of Patient Information practices. I understand that I retain the right to revoke this consent by notifying the practice in writing any time.

| Patient | Signature: | | Date: |
|---------|------------|--|-------|
|---------|------------|--|-------|

INITIAL EVALUATION SUBJECTIVE HISTORY WORKSHEET (Page 1)

| Patient Name: Date of Birth: | Date of Eval: |
|---|---------------------|
| SUBJECTIVE | |
| Age: When did your symptoms start? Hand Dominance: □ Right □ Left Date of next Doctor's appointment: Describe the current problem that brought you here: | THERAPIST COMMENTS: |
| Are your symptoms: Improving Getting Worse Staying the Same Have you had any testing? X-rays MRI EMG/ Nerve Conduction Test CT Scan Other Results: | |
| Have you ever had these symptoms before? Yes No Description: Have you ever had treatment before for these symptoms? Medication: Beneficial? Yes No Explain: | |
| ☐ Injection: Beneficial? ☐ Yes ☐ No Explain: ☐ Physical Therapy: Beneficial? ☐ Yes ☐ No Explain: ☐ Massage/Chiropractic: Beneficial? ☐ Yes ☐ No Explain: | |
| Did you have surgery? ☐ Yes ☐ No Date of Surgery: | |
| Have you ever purchased or rented Durable Medical Equipment, Orthotics, Prosthetics, or Supplies? □ Yes □ No Explain: CURRENT COMPLAINTS | |
| If you have pain, what is your pain level? Mark the location of your | THERAPIST COMMENTS: |
| AT WORST: | |
| Does your pain seem to be WORSE at a certain time of day? | |
| Do you wake due to pain? Yes No If Yes, # of times per night: | |
| FUNCTIONAL ABILITIES AND RESTRICTIONS | |
| What were you doing prior to this injury that you are unable to do currently? Please list any additional activities that you are having difficulty completing. Squatting Sitting Driving Reaching Work Tasks Gripping/Pinching Standing Walking Dressing/Grooming Stairs Position Changes Kneeling Holding/Carrying Objects Other: | THERAPIST COMMENTS: |
| What activities make your pain WORSE? | |
| What activities make your pain BETTER? | |
| What household duties are you having difficulty performing? □ Cooking □ Cleaning □ Vacuuming □ Laundry □ Yard Work □ Grocery Shopping □ Other: | |
| Do you use an assistive device? None Cane Walker Wheelchair Other: | |
| Did you use an assistive device prior to current injury/conditions? | |
| Hobbies/ Interests/ Exercise: | |

INITIAL EVALUATION SUBJECTIVE HISTORY WORKSHEET (Page 2)

| Patient Name: | | Date of Birth: | Date of Eval: |
|--|--|---|---------------------------------------|
| | WORK HISTORY/ SOCI | AL HISTORY/ INTERESTS/ LIVING ENVIRONI | MENT |
| Occupation: | <u> </u> | Presently Working: ☐ Yes ☐ No | THERAPIST COMMENTS: |
| | | # Days Off Work: | |
| | | ☐ Heavy Lifting ☐ Traveling ☐ Standing | |
| _ | | • | |
| □ Reaching □ | - | □ Walking □ Pushing/Pulling | |
| ☐ Gripping/Pin | icning U Otner: _ | | |
| | | work)? 🗆 Yes 🗅 No If Yes, when? | |
| | | ouse 🗆 Partner 🗈 Family 🙃 Other: | |
| Does your home have stain | rs? 🗆 Yes 🗆 No 🏻 If Yes, # | of stairs: | |
| | | , which side going up? 🛭 Right 🗆 Left 🖰 Both | |
| PRE | VIOUS MEDICAL HISTORY | // MEDICAL PRECAUTIONS AND CONTRAIN | DICATIONS |
| How would you classify yo | | l 🗆 Fair 🗆 Poor | THERAPIST COMMENTS: |
| in terms of your general he | ealth, please check <u>ALL</u> that ap | ply: | ☐ See Attached List |
| □ Allergies | □ Anemia | □ Liver/Galibladder Problem | |
| □ Rheumatoid Arthritis | □ Recent Fever | □ Fibromyalgia | · · · · · · · · · · · · · · · · · · · |
| □ Metal Implants | ☐ Ringing of the Ears | Asthma/Breathing Difficulties | |
| □ Recent Headaches | □ Recent Nausea/Vomiting | , , , , | |
| □ Recent Vision Changes | □ Heart Attack | □ Recent Dizziness/Fainting | |
| □ Sexual Dysfunction □ Osteoarthritis | Cancer Skin Abnormalities | Recent Change in Bowel/Bladder Habits | |
| ☐ Usteoarthrus ☐ Heart Palpitations | | Pain with Cough/Sneeze Smalling Minner | |
| ☐ Chest Pain/Angina | □ Osteoporosis □ Hernia | ☐ Smoking History ☐ Pacemaker | |
| □ Stroke/TIA | Depression | ☐ High/Low Blood Pressure | |
| □ Physical Abnormalities | • | □ Diabetes I or II | |
| □ Hypoglycemia | □ Surgeries □ Polio | | |
| Night Pain | | □ Unexplained Weight Loss/Gain | |
| □ Urine Leakage | ☐ Intolerance to Cold/Heat☐ Recent Fractures | | |
| ☐ Kidney Problems | ☐ Heart Disease | □ Recent Unexplained Fatigue □ Numbness/Tingling in Hip/Buttocks Area | |
| ŕ | | | |
| | | story or are there any factors that may complicate w about? | |
| your abinty to participate : | in therapy that we should knot | V about? | |
| | | | |
| ~~ | | | |
| Have you had any falls in t | he past 12 months? 🗆 Yes 🤅 | No If Yes, how many times? | |
| If Yes, please describ | e the nature of the fall (s): | | |
| if Yes, please describ | e if an injury(ies) occurred: | | |
| • | | | |
| | * | | |
| | | MEDICATIONS | |
| Please list all of the medic | ations [<u>with specific NAME, DC</u> | SAGE, FREQUENCY, and ROUTE (ie: by mouth) | THERAPIST COMMENTS: |
| that you are currently taki | ing [including over-the-counter | , prescriptions, herbals, and vitamins/mineral(s)]: | ☐ See Attached List |
| · · · · · · · · · · · · · · · · · · · | | | |
| | | | |
| | | | |
| | n. | TIENT COALS FOR THERADY | 1 |
| What are your seels for | | TIENT GOALS FOR THERAPY | TUEDADIST CONSESSOR |
| war are your goals for pa | artkapating in T nerapy ? (I.E. per | forming household tasks without pain) | THERAPIST COMMENTS: |
| | | | |
| | | SIGNATURES | l |
| | To the best of my knowledge I ha | re fully informed you of the history of my problem and curr | |
| Patient's Signature: | | | Date: |
| Therapist's Signature: | | License #: | Date: |
| Printed Therapist's Name: | | | |